



SWIM WALES
NOFIO CYMRU

Swim Wales Winter Championships 2024

Meet Pack

Thursday 5th to Sunday 8th December

Wales National Pool Swansea

#SWWC24

Meet & Entry Summary

The Swim Wales Winter Championships is a competitive open event aimed at top ranked swimmers. The event this year will be swam short course and will be over 4 days.

Event Webpage & Venue Information:

License number:

<https://swimwales.justgo.com/workbench/public/events?ref=14CBA024378CEFD23DB02EC444D9C1EA547C1DF7>

Venue: Wales National Pool, Swansea, SA2 8QG.

Please use the following web link for all information relating to the venue including car parking fees, on site facilities and general venue information:

<https://www.walesnationalpoolswansea.co.uk/>

1. Entry Conditions

Entries open at 10:00 on Monday 21st October 2024

Entries close at midnight on Wednesday 20th November 2024

- 1.1 Entries will be accepted from registered club and individual competitive members from Swim Wales and other home nations that are part of the British Swimming rankings system (i.e. Scottish Swimming/Swim England) and/or those who have Wales as their country of representation. Competitors can only compete for one club for the duration of the competition.
- 1.2 Entries will not be taken on a first come first served basis for this event. All entries submitted will be considered and a confirmed entry list will be published after close of entry.
- 1.3 In the event of over subscription, scratches will be made appropriately at the discretion of event management and will be based on entered entry times. Refunds for scratches will be processed.
- 1.4 ***Entries are not confirmed until published by Swim Wales, we therefore advise attendees to book flexible/refundable travel and/or accommodation arrangements. Swim Wales are not responsible for accommodation/travel and other related costs incurred as a result of event cancellation/venue changes.***
 - 1.4.1 Refunds will only be given for entry fees, spectator tickets and poolside passes.
- 1.5 It is the competitors' responsibility to check the confirmed published entry list and inform event management (swimwales-events@swimming.org) of discrepancies or errors. This must be raised within 48 hours of the confirmed entry list being published.
 - 1.5.1 **Entries are submitted via an online entry system (including Para Swimmers). Payment for entries will be taken at the point of entry online via PayPal using debit/credit card.**
 - 1.5.2 **Individual event entry cost: £12.80.**
 - 1.5.3 Age of competitors will be taken as 31st December 2024.
 - 1.5.4 **Overseas entries are submitted via a manual entry application process.** The manual entry form can be accessed on the event webpage and needs to be completed and emailed to swimwales-events@swimming.org. For overseas entries, competitors must have a competitive membership of a club which belongs to a swimming federation affiliated to World Aquatics (evidence of this membership and times achieved within the qualifying window must be discussed and confirmed

with the Swim Wales Events Team by emailing swimwales-events@swimming.org). Overseas entries cannot be guaranteed.

- 1.5.5 By entering this event, you / your child agrees to be bound by the Aquatics GB Anti-doping Rules for a period of 12 months from the commencement of the event. You also agree to abide by the British Swimming & UKAD Anti-Doping Rules. For further information, See [Anti-Doping | British Swimming](#)

PARTICIPATION OF RUSSIAN AND BELARUSSIAN SPORTSPEOPLE

In circumstances where swimmers have a registered World Aquatics sport nationality as Russia or Belarus, athletes will be permitted to participate provided that that, Swim Wales as the meet organiser, has written confirmation from the athlete that:

- They are not doing so as a representative of the Russian or Belarussian state; i.e. they are competing as a neutral, or under an alternative passport/dual nationality; and
- They are not in receipt of funding aligned to the Russian or Belarussian state, including sponsorship from companies operated or controlled by persons with strong links to the Russian state; and
- They have not, and do not intend to, express support for the invasion of Ukraine, the Russian or Belarussian regimes, or their leadership in any way as part of their participation in the event.

1.6 Consideration Standards:

- 1.6.1 Competitors' entry time(s) available on rankings will be used for entry.
- 1.6.2 Times will be considered from level 1, 2 and 3 licensed competitions.
- 1.6.3 Times will be taken at the point of entry from rankings, taken into the online entry system and will not be updated, amended or refunded (unless medical) after entry is submitted.
- 1.6.4 We do not accept split or relay times for any entry.
- 1.6.5 25m pool times or conversions to 25m pool times will be accepted for this meet; **the quickest 25m time (be that an actual 25m achieved time or a 50m conversion to a 25m time) will be taken. The time converter used in the entry system that is publically available for use can be found here:** <https://www.swimmingresults.org/downloads/equivalent-time/>
- 1.6.6 Times will be accepted from the **1st September 2023**.
- 1.6.7 Consideration standards are available on the event webpage. Para standards can be found in point 1.6.8 and 1.6.9.
- 1.6.8 In addition to meeting the general entry criteria, Para competitors must have an authorised S1-S14 World Para Swimming (WPS), British Para Swimming, Virtus (INAS-FID), Sport Excel (S64 UK Level Classification) or British Blind Sport (British Paralympic Association) classification held on the Home Nation Membership, Virtus master list or WPS Classification database at the time of entry.
- 1.6.9 All Para competitors must have bettered or equalled 200 British Para Points for each event they wish to enter in a designated or licensed meet (Swim Wales, Swim England, Scottish Swimming and Aquatics GB). Exceptions may be made at the discretion of the event management team.

2. Meet Conditions

- 2.1 This event will be swum under the World Aquatics rules or World Para Swimming rules as appropriate.
- 2.2 Age group bands for male and female: 12-13, 14-15, 16-17 years and an open age band.
- 2.3 **Heats and Finals** will be swum seeded by time as follows:

The fastest heats of events with finals will be swum in the morning sessions. The remaining heats will be swum in the afternoon sessions. Confirmed finalists for each event will not be published until the last heat of that event has been completed in the afternoon session.

Heat Declared Winner (HDW) Events:

- 800m Freestyle – all age bands are HDW (fastest heat to be swum in the finals session)
- 1500m Freestyle – all age bands are HDW (fastest heat to be swum in the finals session)

Finals will be swum as follows for male and female:

Individual finals for all non-HDW events to be swum as:

- **12/13 years final** – top 8 12/13 swimmers (not already qualified for Super final)
- **14/15 years final** – top 8 14/15 swimmers (not already qualified for Super final)
- **16/17 years final** – top 8 16/17 swimmers (not already qualified for Super final)
- **Super final (Open age)** – top 8 overall swimmers

All finals will be confirmed following the conclusion of the afternoon heats (prior to the start of 800m/1500m HDW events) this information will be posted on the wall by the Scoreboard end of the pool.

Note: If a 12, 13, 14, 15, 16 or 17 year old competitor qualifies for an super final, they must swim this final instead of their own age group final.

2.4 Para Swimming Multi-Class (MC):

- 2.4.1 Para competitors can qualify for age group finals based on outright performance by time, for events that do not have MC finals.
- 2.4.2 Regardless of age, the top 8 competitors, based on British Para Swimming points, from heats will qualify for the multi class Para finals.
- 2.4.3 The following para events (for both males and females) will have multi-class finals:
- 50m Freestyle (S1 – S13)
 - 100m Freestyle (S1 – S14)
 - 200m Freestyle (S1 – S5 & S14)
 - 400m Freestyle (S6 – S13)
 - 50m Backstroke (S1 – S5)
 - 100m Backstroke (S1 – S2 & S6 – S14)
 - 50m Breaststroke (SB1 – SB3)

100m Breaststroke (SB4 – SB9 & SB11 – SB14)
50m Butterfly (S1 – S7)
100m Butterfly (S8 – S14)
200m I.M (SM5 – SM14)

Note: Time trials/exhibition swims will not be permitted at this event. Should a competitor fail to report for their race, the lanes will remain empty as no on-the-day entries can be accepted.

3. Medals

3.1 Finals medals will be awarded as follows:

- 3.1.1 **12/13 years** - Top 3 ranked 12/13 aged swimmers (on time) from either the 12/13 age final OR the Super Final, or heats (including fastest heat swum in finals session) for HDW events.
- 3.1.2 **14/15 years** - Top 3 ranked 14/15 aged swimmers (on time) from either the 14/15 age final OR the Super final, or heats (including fastest heat swum in finals session) for HDW events.
- 3.1.3 **16/17 years** - Top 3 ranked 16/17 aged swimmers (on time) from either the 16/17 age final OR the Super final, or heats (including fastest heat swum in finals session) for HDW events.
- 3.1.4 **Open** - Top 3 ranked swimmers irrespective of age from Super final, or heats (including fastest heat swum in finals session) for HDW events.

3.2 HDW medals will be awarded as follows:

- 3.2.1 **12-13 age band** - medals will be awarded based on the top 3 performances, by time, achieved by 12-13 aged swimmers from either the morning or afternoon heats.
- 3.2.2 **14-15 age band** - medals will be awarded based on the top 3 performances, by time, achieved by 14-15 aged swimmers from either the morning or afternoon heats.
- 3.2.3 **16-17 age band** - medals will be awarded based on the top 3 performances, by time, achieved by 16-17 aged swimmers from either the morning or afternoon heats.
- 3.2.4 **Open age band** - medals will be awarded based on the top 3 performances, by time, achieved from either the morning or afternoon heats, irrespective of age.

3.3 Para Swimming medals will be awarded as follows:

- 3.3.1 Para competitors can win medals based on outright performance in events that do not have a multi class final.
- 3.3.2 Medals will be awarded to the top 3 competitors in Para finals based on a multi class basis - the medals are based on British Para swimming points.

4. Withdrawals & Refunds

4.1 Pre-event:

- 4.1.1 To ensure we fill as many lane spaces as possible and provide the best opportunity to those on reserve entry lists, please inform us of **any withdrawals**, prior to the heats being seeded, **by midnight on Thursday 28th November**. To do this, please contact swimwales-events@swimming.org stating your/the competitor's membership number, club, full name and event(s) to be withdrawn.
- 4.1.2 Any competitor who has been withdrawn by the deadline will not be re-entered into the event(s).
- 4.1.3 Refunds will not be processed for withdrawals on non-medical grounds.
- 4.1.4 Specifically, for medical withdrawals, refunds for entry fees only will be processed on the receipt of a completed medical withdrawal application accompanied with a valid note from a medical practitioner (signed by an appropriate medical practitioner on headed paper). Additionally, to qualify

for a refund, medical withdrawals must be received by midnight before the event is due to take place.

- 4.1.5 Email swimwales-events@swimming.org to receive a medical withdrawal form and apply for a refund.

4.2 During the event (for finalists and reserves):

- 4.2.1 The withdrawals desk is located on poolside underneath the scoreboard.
- 4.2.2 Withdrawals only need to be made by those who have qualified for finals (including reserves).
- 4.2.3 Withdrawals must be made prior to the closure time for withdrawals for each individual event.
- 4.2.3.1 The closure time for withdrawals for each event will be 20 minutes after the session has finished. After the morning session a provisional finalists list will be published. A confirmed list will then be published after the completion of the second session.
- 4.2.3.2 If an individual believes that they may have qualified for a final (including reserves) after the morning sessions, they must withdraw prior to the afternoon sessions commencing.
- 4.2.4 To withdraw from a finals race, finalist competitors must ensure they provide the required information at the withdrawals desk before it closes.
- 4.2.4.1 Those competitors aged under 18 years must ask for a coach or a team manager's signature to evidence the withdrawal.
- 4.2.4.2 Those competitors aged 18 years and over can provide their own signature to evidence the withdrawal.
- 4.2.5 A competitor who fails to adhere to the above withdrawal conditions and thereby does not swim their finals race, risks being fined £50 and this charge may be issued at the discretion of the event management. It is the responsibility of the competitor and their club to decide whether the incurred charge is paid by the competitor or by the club.

5. Marshalling

5.1 Heats:

- 5.1.1 Competitors must report to the lead poolside marshals located adjacent to the changing village entrance.
- 5.1.2 Competitors should follow the directions given by the marshals. It is the competitors, coaches and team managers' responsibility to ensure the competitors report in plenty of time.
- 5.1.3 Marshals are in place to guide competitors only, and are not responsible for ensuring competitors swim their race(s).

5.2 Finals Call Room:

- 5.2.1 Call room marshalling for finals is located in the middle of the changing village. Competitors should familiarise themselves of the location prior to the Finals' Session.
- 5.2.2 Competitors must report to the signing-in official, who will be located at the entry door to the call room, prior to entering the room. Once signed-in and entering the call room, competitors may not leave until their race is called.
- 5.2.3 **It is the competitors', coaches' and team managers' responsibility to ensure that competitors report to the call room and sign-in with the designated official a minimum of 10 minutes prior to the published time of their race. Failure to do this will result in the competitor being excluded from the final and not being allowed to**

- swim.** Their place may be offered to the relevant reserve who has signed in.
- 5.2.4 Competitors who are reserves should attend the call room (adhering to the above) where an opportunity to race may arise. Where a reserve is brought in at short notice, the reserve may occupy the vacant lane if the event cannot be re-seeded.
- 5.2.5 Only competitors and designated personnel are allowed in the control room. Coaches and Team Managers should have no contact with competitor(s) between the time the competitor(s) signs into the call room and the start of their race.

6. Poolside Passes

- 6.1 Cost £16 per application.
- 6.2 Applications will be available to access on the event webpage/events portal in the Swim Wales Just Go membership system at **10:00 on Monday 11th November.**
- 6.3 Applications must be submitted and paid in full by midnight on **Friday 29th November 2024.**
- 6.4 Applicants must have a valid DBS, safeguarding qualification, an active membership and the relevant role related qualifications .e.g. Coaches qualification or a Team Manager qualification.
- 6.5 Late submissions (applications submitted after Friday 29th November 2024 at midnight) may result in an additional £5 administration charge.
- 6.6 Passes include use of the refreshments and lunch provision on the upper level of the facility, full event access, event accreditation, seeded finals sheets and both a virtual coach/team manager briefing (Tuesday 3rd December, time TBC) and in-person briefing on the morning of the first event day, Thursday 5th December (TBC).
- 6.7 As part of Swim Wales' efforts to contribute to sustainability and a greener environment, seeded heat programs will be available to download from the event webpage, on the Swim Wales Website. These will NOT be available to collect with your poolside passes.
- 6.8 Poolside passes are intended for use for the named individual only; misuse may result in removal of your pass.
- 6.9 Chaperone poolside passes are available, please contact the team on swimwales-events@swimming.org for further information and to apply for this type of pass.

7. Tickets (Spectators) and Seeded Heat Sheets

- 7.1 Access to purchase spectator tickets if you have a **Supporter Membership** will be available from **10:00 on Monday 18th November** via the event webpage.
- 7.2 Access to purchase spectator tickets if you **DO NOT** have a Supporter Membership will be available from **10:00 on Monday 25th November** via the event webpage.
- 7.3 Ticket costs:
- 7.3.1 Adults (aged 18+ years) - **£4.50 per session** (finals are free of charge, FOC) (**£3.83** for Supporter Members)
 - 7.3.2 Children (aged 5 – 17 years) & Concessions (60 years and over) - **£3.50 per session** (finals are FOC)
 - 7.3.3 Adults (aged 18+ years) - **£8.00 per day** (finals are FOC) (**£6.80** for Supporter members)

- 7.3.4 Children (aged 5 – 17 years) & Concessions (60 years and over) - **£5.50 per day** (finals are FOC)
- 7.3.5 Family package for 4 people (must be at least 2 adults with any combination of other adults/children/concessions for the other 2 tickets) - **£23.00 per day** (finals are FOC)
- 7.3.6 Adults (aged 18+) - **£27.50 whole event ticket** (finals are FOC) (**£23.28** for Supporter members)
- 7.3.7 Children (aged 5-17 years) - **£18.50 whole event ticket** (finals are FOC)
- 7.3.8 Family package for 4 people (must be at least 2 adults with any combination of other adults/children/concessions for the other 2 tickets): **£80 whole event ticket** (finals are FOC)

7.3.9 Children (under 5 years): FREE

- 7.4 Spectators may be restricted due to site capacity and safety mitigations.
- 7.5 Full event seeded heat sheets will be available online for FREE and accessed via the event webpage.

Swim Wales Winter Championships 2024 (SC): Event Schedule

Thursday 5 th December	Friday 6 th December	Saturday 7 th December	Sunday 8 th December
Session 1 – heats	Session 4 – Heats	Session 7 – Heats	Session 10 – Heats
M 50m Breaststroke (fastest heats) F 50m Breaststroke (fastest heats) M 400m IM (fastest heats) F 200m Backstroke (fastest heats) M 100m Backstroke (fastest heats) F 100m Freestyle (fastest heats) M 200m Freestyle (fastest heats)	F 50m butterfly (fastest heats) M 50m butterfly (fastest heats) F 400m Freestyle (fastest heats) M 200m Backstroke (fastest heats) F 100m Backstroke (fastest heats) M 100m Breaststroke (fastest heats) F 200m Breaststroke (fastest heats) M 200m IM (fastest heats)	M 50m Freestyle (fastest heats) F 50m Freestyle (fastest heats) M 400m Freestyle (fastest heats) F 100m Breaststroke (fastest heats) M 200m Breaststroke (fastest heats) F 200m Butterfly (fastest heats) M 100m Butterfly (fastest heats) F 200m IM (fastest heats)	F 50m Backstroke (fastest heats) M 50m Backstroke (fastest heats) F 100m Butterfly (fastest heats) M 200m Butterfly (fastest heats) F 400m IM (fastest heats) M 100m Freestyle (fastest heats) F 200m Freestyle (fastest heats)
Session 2 – Heats	Session 5 – Heats	Session 8 – Heats	Session 11 – Heats
M 50m Breaststroke (remaining heats) F 50m Breaststroke (remaining heats) M 400m IM (remaining heats) F 200m Backstroke (remaining heats) M 100m Backstroke (remaining heats) F 100m Freestyle (remaining heats) M 200m Freestyle (remaining heats)	F 50m Butterfly (remaining heats) M 50m Butterfly (remaining heats) F 400m Freestyle (remaining heats) M 200m Backstroke (remaining heats) F 100m Backstroke (remaining heats) M 100m Breaststroke (remaining heats) F 200m Breaststroke (remaining heats) M 200m IM (remaining heats)	M 50m Freestyle (remaining heats) F 50m Freestyle (remaining heats) M 400m Freestyle (remaining heats) F 100m Breaststroke (remaining heats) M 200m Breaststroke (remaining heats) F 200m Butterfly (remaining heats) M 100m Butterfly (remaining heats) F 200m IM (remaining heats)	F 50m Backstroke (remaining heats) M 50m Backstroke (remaining heats) F 100m Butterfly (remaining heats) M 200m Butterfly (remaining heats) F 400m IM (remaining heats) M 100m Freestyle (remaining heats) F 200m Freestyle (remaining heats)
<i>20 minutes break</i>	<i>20 minutes break</i>	<i>20 minutes break</i>	<i>20 minutes break</i>
F 1500m Freestyle (slower heats)	M 800m Freestyle (slower heats)	F 800m Freestyle (slower heats)	M 1500m Freestyle (slower heats)
Session 3 – Finals	Session 6 – Finals	Session 9 – Finals	Session 12 – Finals
F 1500m Freestyle (fastest heat) M, Para 50m Breaststroke F, Para 50m Breaststroke M 400m IM F 200m Backstroke M, Para 100m Backstroke F, Para 100m Freestyle M, Para 200m Freestyle	M 800m Freestyle (fastest heat) F, Para 50m Butterfly M, Para 50m Butterfly F 400m Freestyle M 200m Backstroke F 100m Backstroke M, Para 100m Breaststroke F 200m Breaststroke M, Para 200m IM	F 800m Freestyle (fastest heat) M, Para 50m Freestyle F, Para 50m Freestyle M 400m Freestyle F, Para 100m Breaststroke M 200m Breaststroke F 200m Butterfly M, Para 100m Butterfly F, Para 200m IM	M 1500m Freestyle (fastest heat) F, Para 50m Backstroke M, Para 50m Backstroke F, Para 100m Butterfly M 200m Butterfly F 400m IM M, Para 100m Freestyle F, Para 200m Freestyle

N.B - The event management reserve the right to amend the above schedule of events.

Swim Wales Film and Photography Policy

Please be advised that photographs may be taken at this event by a professional photographer. Additionally, the event will be live streamed via our filming partner and will be accessed through our Swim Wales Facebook page and YouTube channel.

Swim Wales are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of an individual which may present a risk of harm to the individual concerned. The use of such equipment is difficult to control but we can all be vigilant. Swim Wales may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts, and possibly the local press and television.

If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team situated at the front of house desk on the day of the event. Should you wish to refuse photographic permission please contact the event management team on site. Post event, if at any time an individual wishes an image of themselves to be removed from the public platform, 7 days' notice must be given to Swim Wales after which the data will be removed. The full Swim Wales film and photography guidance can be found at the front of house desk or accessed by emailing swimwales-events@swimming.org.

General Information

Officials and Volunteers:

Swim Wales invites and welcomes officials and volunteers to support this meet.

We will continue to adopt the new method of submitting applications and registering your availability via our Swim Meet system. The links for are available on the dedicated event webpage (see webpage link on page 2 above).

Clubs who have entered more than 10 competitors into the event are expected to provide a minimum of 2 officials.

All of our volunteers and officials are provided with event kit, refreshments, meals and expenses claims. The Swim Wales volunteer expenses policy will be available on the event webpage.

Car Park:

The car park has 250 spaces, with additional spaces in an overflow located at the bottom of the slope. However please be aware, despite our best efforts – the car park is busy and fills quickly. To avoid disappointment, please arrive early. **A new ANPR camera system will be in place for the duration of the competition, therefore, please ensure you have paid and displayed at the ticket machines to avoid a parking penalty fine.**

Where possible please arrange to car share or drop offs to help ease congestion. Alternatively there are 3 nearby pay and display car parks we recommend:

- Foreshore Car Park: 4 Mumbles Rd, Sketty, Swansea SA3 5AU – 0.6 miles 12 minute walk
- Recreation Ground Car Park: Mumbles Rd, Brynmill, Swansea SA2 0AU – 0.9 mile 19 minute walk
- Blackpill Area Car Park: 266 Derwen Fawr Rd, Sketty, Swansea SA3 5AT – 0.8 mile 15 minute walk

The car park will be managed by security staff, please treat them with respect. Disrespectful or inappropriate behaviour towards staff will not be tolerated and you may be asked to leave the competition.

Merchandise:

The Swim Wales shop will be available onsite in the venue reception area. Payments can only be taken by card. Merchandise will also be available to pre order via the Swim Wales website.

Café:

The Blas Café will be open each day (times will be published onsite) with a selection of hot and cold food. There is seating available in the reception area.

Seating:

The pool has 1200 seats for spectators, coaches and competitors. A limited number of seats have been reserved at the top of each section for access users (disabled, wheelchairs etc.) please refrain from using these seats unless required, you may be asked to move.

We ask competitors to remain on the bottom 7 rows of chairs to avoid making the stairs and upper balcony wet and slippery. We ask spectators remain on the higher seating (7 rows and above).

Changing village:

The changing village is for competitors only, non-competitors are not permitted in the changing area and will be asked to leave). Competitors are politely asked not to change poolside and use the facilities available. Cameras and phones are strictly prohibited in the changing area.

Streaming and social media:

The event is being live stream with our streaming partner, Buffon Media. The link for streaming will be available on Facebook. The stream will start at the beginning of each session over the event. Please be aware that you and your competitors are being watched by over 50,000 people worldwide. Please behave in a manner that has a positive reflection on you and your club.

Health and Safety:

We hope you enjoy the competition, here are some tips to ensure you have a fun and safe experience.

- Event days are long and can be tiring, please drink plenty of water, eat sensibly and rest when possible to ensure you are fit and ready for the sessions.
- If you feel unwell at any stage please seek medical support from the facility staff.
- When using the pool stairs please ensure you hold the rail, the steps can become wet and slippery during the competition.
- If you see something that could cause an accident, please alert the facility staff or an event team member immediately so that it can be dealt with.
- The lift is for individuals who have difficulties using stairs; please ensure the lift is used appropriately and safely. Children are not permitted to use the lift unaccompanied.

Social Media:

Swim Wales would like to share your experience with us on social media, tweet and tag us in your photos and results using #SWWC24 @SwimWales

Photos may be used in Swim Wales communications including newsletters, website and social media.

By attending Swim Wales Meets, individuals are agreeing to adhere to the Swim Wales Media policy. This ensures that the use of social media whilst attending the meet is appropriate and safe. Clubs are responsible for the behaviour of their member, competitors and supporters. Inappropriate behaviour will be dealt with accordingly.

Behaviour and Attitude:

Swim Wales has a zero tolerance policy on negative behaviour at meets. Disrespectful and poor attitude resulting in unacceptable behaviour will not be tolerated. All those on site including competitors, parents, coaches and clubs are expected to behave in an appropriate manner, respectful of officials, volunteers, staff and others. Swim Wales holds the right to ask those

behaving inappropriately to leave the event and/or meet if deemed necessary. Refunds will not be issued for dismissal from an event. The right to remove competitors and/or clubs from the meet is held by the meet manager and senior team of officials. We ask that you remind your competitors of the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of staff on site.

Jewellery:

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

Equality:

Swim Wales promotes inclusion and diversity, and welcomes participation from everyone. If you have any particular requirements in respect of participating, officiating or volunteering then please mention this, in confidence if required, to our Events and Volunteers Manager. Swim Wales is an equal opportunities employer and aims to provide a discrimination-free working environment. We are committed to an action plan and policy in line with the Equality Act 2010, which ensures that no job applicant or employee receives less favourable treatment because of a protected characteristic. The full equality policy can be viewed by emailing swimwales-events@swimming.org.